



iwalk International *in the* Walk to School **USA**

**Wednesday,
October 7, 2009**

**Join children and adults around the world
to celebrate the benefits of walking.**

why walk?

International Walk to School is an annual event that promotes walking for several reasons:

- Physical activity
- Teaching safe walking skills to children
- Awareness of how walkable a community is and where improvements can be made
- Concern for the environment
- Reducing traffic congestion, pollution and speed near schools
- Taking back neighborhoods for people on foot
- Sharing time with community leaders, parents and children

get started at:
www.walktoschool.org

and contact your local coordinator: